## **YOUR NOT-TO-DO LIST**



A "not to do list" is more important than a "to do" list when you are trying to figure out what you should NOT be spending your time on and help you automate, delegate, eliminate, change or keep these tasks.

Name \_\_\_\_\_\_ Date \_\_\_\_\_

ist the actions you spend time on	Circle one of the following for each
1.	1. Automate Delegate Eliminate
2.	Change Keep  2. Automate Delegate Eliminate
-	Change Keep
3.	<ol><li>3. Automate Delegate Eliminate Change Keep</li></ol>
l.	4. Automate Delegate Eliminate
	Change Keep
5.	5. Automate Delegate Eliminate
).	Change Keep 6. Automate Delegate Eliminate
).	Change Keep
7.	7. Automate Delegate Eliminate
	Change Keep 8. Automate Delegate Eliminate
3.	Change Keep
9.	9. Automate Delegate Eliminate
	Change Keep 10. Automate Delegate Eliminate
).	Change Keep
nat are the top 3 actions that move th	ne needle the most in my life?
nat are the top 3 things I must elimina	sto first in my life?

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